

Sermon Guide

CHECK IT OUT

Head over to
paramount.org
for more resources
and tools

sermon discussion questions

What to Do with Your Sadness

- Recall the circumstances over the past 6 months that have led you to a place of sadness or even depression.
- Do you feel comfortable bringing your sadness to God? Why or why not?
- What was the last bold request you brought to God?
- How would your life be different if you consistently made bold requests of God and embraced the risky missions that were the result of His answers?

dig deeper:

"What you pray for reflects what you believe about God."

~Craig Groeschel

Read Acts 4:23-31

Bold prayers should be a response to the boldest act of love the world has ever seen. God did something for us that we didn't deserve and couldn't do for ourselves--He sent His Son to be a sacrifice for our sins. Ask God for boldness in your life. Ask Him to give you boldness in your prayers, speech, obedience, and actions.

preschool **questions**

Ask your preschooler to make a happy face and then a sad face. **Ask: what makes you sad?**

What can we do to help us NOT be sad?

Explain that God wants us to go to Him when we are sad; that is one reason we pray.

Take a few minutes to pray with your Preschooler, giving them the chance to pray out loud, too.

elementary **questions**

What makes you sad?

What are ways to handle being sad?

What does it mean to take your sadness to God?
Prayer is how we take it to God.

Have you ever had a prayer answered?
Share a time when God answered one of your prayers. Explain that sometimes God's answer is "NO" to our requests.

What would be a bold but unselfish prayer request?

Explain God can do amazing things, and we can be bold to pray asking God to do the amazing.

Take a few minutes to pray with your elementary student, giving them the chance to pray out loud, too.

student **questions**

What was the last thing that made you sad/frustrated?

What are ways to handle being sad/frustrated?

What does it mean to take your sadness/frustration to God? Discuss with your student that there are other adults (Sunday school teachers or other Godly adults) they can try to talk to and pray with during sad/frustrated days.

Have you ever had a prayer answered? Share a time when God answered one of your prayers. Explain that sometimes God's answer is "NO" to our request.

What would be a bold but unselfish prayer request?

Explain God can do amazing things, and we can be bold in prayer to ask God to do the amazing.

What is one way you can be courageous with your faith this week?

Take a few minutes to pray with your student, take a request or two; this is giving them the chance to pray out loud, too.



PARAMOUNT
BAPTIST CHURCH

www.paramount.org